



HUBER FOR SENIORS...

REDISCOVER NEW MOBILITY

The Huber can provide the environment to stimulate and strengthen the deep muscles of the spine. The spinal column is maintained by these fundamental deep muscles that provide stability – reducing the risks of falls and improving overall balance and co-ordination.

John is one of the oldest patients, at age 84, and was thrilled at the improvement in his quality of life after using the Huber as part of his treatment plan;

“During the last 10 years, my general flexibility & walking ability had deteriorated markedly, so much so that I was quite depressed regarding the enjoyment of my remaining years- I will be 84 this year. It was therefore with considerable interest that I read about the use of the Huber system, and your hands on treatment to decrease back pain. I am happy to report that, after 6 weeks treatment, utilising both methods as above, there has been a marked improvement in both my flexibility, and walking skill, and I would have no hesitation in recommending this treatment to others, seeking a similar improvement in their lifestyle.

Kind Regards,
John.”



Seniors: prevention
Seniors : prévenir



Seniors: balance
Seniors : équilibrer



Rehabilitation: mobilize
Rééducation : mobiliser

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