



Melville Aquatic Fitness Centre Marmion St. Booragoon

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Perth Integrated Health Clinic Supports The Flying Cyclist

Chris Marris will be attempting to break the current Perth to Sydney record on the 29 Aug 2010 as he makes his way through 550 km per day over 8 days or less to get into the Guinness Book of Records.

This attempt is even more honourable considering the fact that he is fund raising for the Royal Flying Doctor Service. PIHC is supporting Chris in numerous ways from his quiz night to his guest appearences at our various cycling events such as Kep Track, Winter Indoor Cycling etc.

PIHC is also sponsoring Chris's clinical conditioning and performance enhancement requirements for his epic journey and we are now calling up all of our patients to dig deep and donate whatever they can to Chris's quest.

PIHC will have a special collection tin for The Flying Cyclist over the next 3 weeks during which you are invited to donate what you can for the RFDS.

To follow Chris on his epic journey - do log into www.flyingcyclist.com.au or follow his quest through Face Book via The Flying Cyclist.