



FREQUENTLY ASKED KEY MODULE QUESTIONS

Q. Is KEY MODULE new?

A. KEY MODULE was developed in 1986 for the treatment of burns and scars. Over 95,000 treatments are now performed every day in over 95 countries worldwide.

Q. What are the different KEY MODULE treatments?

A. Specific protocols within KEY MODULE at the Perth Integrated Health Clinic are as follows:

(a) **Endermotherapy (ET)**– this term refers to the clinical management of the condition as follows:

1. Cellulite control and management;
2. Oedema (fluid) treatment and management;
3. Lymphoedema control and management;
4. Fibromyalgia control and management
5. Localised fat treatment and management

(b) **Endermosports (ES)** – Refers to the treatment of sports related conditions and trauma such as:

1. Sprains and strains;
2. Tendon and ligament damage and repair;
3. Acute muscle trauma or spasming;



(c) **Endermomedical (EM)**– Refers to the treatment of specific medically based conditions such as:

1. Myofascial conditions;
2. Neurological conditions affecting muscle tone;
3. Cerebral Vascular Accidents (CVA) or Stroke rehabilitation;
4. Cumulative trauma syndromes;
5. Chronic based soft tissue conditions.

Q. How much does a KEY MODULE treatment cost?

A.

<i>TREATMENT DESCRIPTION</i>	<i>FEES</i>
Extended Endermotherapy Treatment	\$156.00
Standard Treatment	\$56.00
Extended Treatment	\$106.00
Pressure Garment (Essential for Endermotherapy & MVF)	\$55.00

Q. What is the duration of each KEY MODULE?

A. Each treatment can take between 10, 20, 30 minutes depending on the medical complexity and prognosis provided with the emphasis of a treatment plan provided by your practitioner.

Q. What does a KEY MODULE treatment feel like?

A. KEY MODULE is a gentle, relaxing treatment that should not cause any pain. It is a non-invasive treatment that involves no medical procedures or use of any chemical substances, creams or gels.

Q. Who conducts KEY MODULE treatment at Perth Integrated Health?

A. KEY MODULE treatment is conducted by medically trained health practitioners who specialize in neuromuscular and Key Module treatment. The practitioners have the expertise to identify underlying clinical conditions which can affect client progress. Perth Integrated Health is the only medical clinic in Western Australia with the Key Module.



Q. How many KEY MODULE treatments will it take to achieve the desired result?

A. KEY MODULE has a cumulative effect, whereby the connective tissue of the skin becomes healthier over time. An initial assessment of a client's condition will determine the likely number of treatments necessary to achieve the result they desire. Patients report definitive changes at varying stages though clinically it is best to have a minimum of 8-10 sessions for the results to manifest.

Q. How often do I need KEY MODULE treatments?

A. KEY MODULE treatments should be performed at least twice a week based on the clinical plan provided by your practitioner. KEY MODULE treatments should be spaced with two days in between treatments.

Q. Does KEY MODULE work only on women?

A. The KEY MODULE treatment works equally effectively on men and because of the genetic composition of their connective tissue tend to see clinical results at a slightly more rapid rate. Target areas tend to be more often chest, stomach and above the hips.

Q. Should the KEY MODULE be used to replace diet and exercise?

A. KEY MODULE is a specific type of clinical treatment for your connective tissue and it does not replace the importance of dietary considerations and regular exercise. Incorporating a balanced diet and regular exercise into a course of KEY MODULE treatments will achieve even greater results. Here at PIHC we have the required in house clinical expertise of nutritional and systemic requirements together with physiology requirements for your specific needs.



Q. Do KEY MODULE treatments have any side effects?

A. KEY MODULE treatments may cause light headedness, head aches or nausea, in clients' who are dehydrated or who have low blood pressure. Always remember to drink between 5 to 7 standard glasses of water each day AND especially post treatment sessions. The majority of these sensations that are experienced reflect the level of toxins within the body and the desire for these toxins to be flushed out of the system.

Q. What is the difference between KEY MODULE and Liposuction?

A. KEY MODULE treatments are non-invasive and improve the health of connective tissue. Liposuction is an invasive surgical procedure aimed at removing fat tissue from an area. Doctors around the world who are educated on the benefits of Key Module recommend this form of treatments in conjunction with liposuction to minimise the trauma caused by the scarring and inflammation of the procedure and to improve the health of the tissue.

Q. Will I lose weight from the treatment?

A. KEY MODULE is not a clinical treatment for direct weight loss treatment. The improved functioning of your client's body systems often affects shape before change of weight takes place.

Q. What is the effective period after Key Module treatments?

A. The results of KEY MODULE treatments vary from person to person based on their specific clinical condition, demographics and activities of daily living. That coupled with a balanced healthy diet and balanced exercise considerations all contribute to a treatment plan that focuses on wellness rather than symptomatic based conditions.



Q. Has KEY MODULE been scientifically proven?

- A. KEY MODULE achieved approval from the FDA in 1996 after numerous clinical trials proved its effectiveness. The studies conducted have proven KEY MODULE to increase vascular and lymphatic flow, boost fibroblast numbers and increase collagen production. There are more than 150 clinically proven scientific research undertaken on the Key Module and its multiple applications since its inception. The device is recognised in Australia as a Class II Medical device by the TGA.



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