



## Common Questions and Answers On The HUBER:

### 1. How much is the machine?

We have not placed a commercial price on it simply because it distracts from the main purpose for its existence – that is – to compliment and assist in the treatment and promotion of health, wellness and function.

### 2. How much is each session on the Huber?

The Huber dynamic treatment sessions are similar to that of our static treatment sessions as it is an assistive system for our hands on treating practitioners.

### 3. How long will I have to be on the Huber?

Our research and experience has shown that between 10-15 minutes is sufficient for each dynamic treatment session as this translates biomechanically to spinal muscular alignment and joint and soft tissue mobilisation.

### 4. How many sessions will have to be on the Huber before I experience difference or progress?

As a general rule, each patient's program is tailor made according to their clinical condition, presenting complaint, our assessment and subsequent diagnosis. Therefore it is difficult to place a blanket statement on sessions though we do see progression emerging between 4-6 treatment sessions.

### 5. Is each treatment session on the Huber the same?

No. The treating practitioner will clinically discern with you what your specific requirements are from treatment session to another. The aim of the Huber dynamic system is to enhance performance and promote greater function therefore with the increment steps made the body is ultimately conditioned and rehabilitated to greater expectations.

### 6. Does the use of the Huber affect my normal (static) treatment session?

No it does not. In fact it is highly complimentary and it is not uncommon for your treating practitioner to incorporate a combination of static and dynamic treatment in the course of your treatment plan.

### 7. When do I qualify to have treatment on the Huber?



Once again the actual timing is dependent on the clinical rationale of your treating practitioner. That said though, the general clinical trends that have emerged show that the Huber is best utilised when the person is moving away from acute towards resolution phase care.

8. How is Huber a wellness based system?

Many practitioners and patients with short term plans and vision will treat and receive treatment (respectively) under symptomatic care. This means that when the perception of pain decreases or subsides, clinical care ceases. This cannot be further from the proper ethos of spinal muscular care and the wellness paradigm. The Huber has been designed and is used by PIHC treating practitioners to not only attain a level of measurable wellness, it importantly also allows the patient to challenge themselves to attain a higher level of function and state of well being.

9. Why have I not heard of the Huber previously?

The Perth Integrated Health Clinic is a pioneer in many aspects of clinical care and from the very start, a vision of what the Huber could and can do was realised by our Director, Ian Wee.

By investing time, clinical time, conducting the appropriate due diligence, as well as financial investment – the Huber was acquired and the Perth Integrated Health Clinic is the first clinic in Australia to fully integrate and assimilate the Huber as part of its clinical protocol and operations.

The system was invented in 2004 by LPG in France and introduced to Australia in late 2004 and it was in September 2005 that the Perth Integrated Health Clinic commenced Huber operations as the first of the kind in Australia.

10. Where else can I experience the Huber system?

The Perth Integrated Health Clinic has an embracing approach and an integrated approach (evident from our range of health professionals) towards health care and we are proactively supporting and encouraging the appropriately trained health professionals to acquire and learn the use of the Huber for the direct benefit of their patients. PIHC has already assisted the agents for Huber in the development of research and clinical protocols for the Huber and is now recognised as the primary facilitator of Huber research, clinical expertise and training for Huber for Australia and New Zealand. We are in the midst of creating alliance clinics throughout Australia to ensure that our patients who travel interstate for business, elite sports or work can continue their positive Huber experience with PIHC endorsed clinics throughout the country.

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